

Countryside Ranger Service

events and activities

2011



Beecraigs, Polkemmet and Almondell & Calderwood



westlothian.gov.uk



West Lothian
Council

The Countryside Ranger Service

This year the Ranger events programme aims to offer something for all the family, from pond dipping to guided walks, conservation tasks to night time badger watches and, as always, our very popular Christmas Deer walks.

So why not join us and enjoy the fantastic West Lothian Countryside!

To book events

Most of our events have limited numbers so to avoid disappointment, it is recommended that you book your places in advance. For some of our more popular events booking is essential. This can be done by contacting the Ranger base that is running the event. The base to contact will be designated with:



For Almondell & Calderwood Country Park



For Beecraigs Country Park



For Polkemmet Country Park

Contacting the Ranger Service

West Lothian Council's Ranger Service has bases at Almondell & Calderwood Country Park, Beecraigs Country Park and Polkemmet Country Park.

Contact details for the Ranger Service are:

Almondell & Calderwood Ranger base, by Broxburn EH52 5PE

Tel: **01506 882254**, email: **almondell&calderwood@westlothian.gov.uk**

Beecraigs Ranger base, by Linlithgow EH49 6PL

Tel: **01506 844516**, email: **mail@beecraigs.com**

Polkemmet Ranger base, by Whitburn EH47 0AD

Tel: **01501 743905**, email: **polkemmet@westlothian.gov.uk**

You can also find out more about what Countryside Section has to offer by visiting our website

www.beecraigs.com

April

Sat 9 April

10.30am - 12pm

Spring Clean



National Spring Clean Month Event

Join forces to 'Keep Scotland Beautiful' during National Spring Clean Month and help us to clear up Calderwood. Please bring gardening gloves. Booking advised. Suitable for all.

Meet: Mid Calder car park, NT 077 678

Cost: FREE

Mon 11 - Fri 15 April

9am - 4.30pm

Ranger Environmental Activity Week



5 days of fun-packed outdoor activities for children. BOOKING ESSENTIAL. Phone for information.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park.

Cost: £75

Tues 19 April

2 - 3.30pm

Polkemmet Explorer (West side)



An ideal way to learn more about the Park. Join a Ranger on a guided tour of the west side of the Park, looking at history, wildlife, recreation and conservation. Points of interest include the River Almond, beech copse, old army barracks and watermill lade. Sorry, not suitable for pushchairs. Paths and tracks. Booking advised. Suitable for all.

Meet: Park reception, Polkemmet Country Park

Cost: FREE



Wed 20 April

1.30 - 2.30pm

Pond Dipping



FREE taster session - Come explore the underwater world of our pond. Suitable for families.

Meet: Balvornie Pond, Beecraigs Country Park

Cost: FREE

Thurs 21 April

1.30 - 2.30pm

Minibeast Hunt



FREE taster session - come discover the vast variety of smaller residents living in Beecraigs as we undertake a minibeast hunt! Suitable for families.

Meet: Balvornie Pond, Beecraigs Country Park

Cost: FREE

Tues 26 April

1.30 - 4pm

Lin's Mill Midweek Walk



Following the canal feeder from Almondell to Lin's Mill Aqueduct on the Union Canal and returning by country road. Approx. 6.5kms (4 mls) / 2½ hrs. Rough tracks with stiles and steep steps, tow-path and minor road. Booking advised. Approx. 6.5kms (4 mls) / 2½hrs Suitable for adults & children over 12 yrs.

**Meet: Visitor Centre,
Almondell & Calderwood Country Park.**

Cost: Adult £3.70 Child £2.65



Sun 1 May Drop in between 1.30 and 4pm

Beecraigs Geocache

Geocaching is a high-tech treasure hunting game played throughout the world with GPS (Global Positioning System) devices. Basic idea is to find hidden containers called Geocaches which contain swaps and a log book. Sign the log book and share experience online. www.geocaching.com

Meet: Balvormie Car Park, Beecraigs Country Park
Cost: FREE

Fri 6 May call for details

Beecraigs Badger Watch

Join the Ranger Service to discover more about these intriguing animals. There will be a short presentation followed by an evening in the badger hide. Wear sturdy footwear and bring binoculars and torch. No perfume or aftershaves. **BOOKING ESSENTIAL** as numbers are limited. Suitable for adults & children over 12 years old.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park.
Cost: Adult £4.65 Child £2.60

Sun 8 May 2 - 3.30pm

Murieston Greenway

This wooded greenway straddles picturesque Murieston water and is a hidden gem. See if you can spot the totem poles at Cambridge pond! Booking advised. Suitable for all.

Meet: Livingston South train station car park, NT 060 653
Cost: Adult £3.15 Child £2.10

Sun 15 May 2 - 3.30pm

Blawhorn Moss

A peaceful and interesting walk around part of West Lothian's only National Nature Reserve. Good views of the Ochils, trees, moss, pools and boardwalk with artwork. Booking advised. Suitable for all.

Meet: Blawhorn Moss car park, NT 879 676
Cost: Adult £3.15 Child £2.10

Scottish Biodiversity Week! 21-29 May

Sun 22 May 2 - 3.30pm

Watery Worlds

Explore the fascinating underwater world of our wildlife pond. Booking advised. Suitable for families.

Meet: Visitor Centre, Almondell & Calderwood Country Park
Cost: £2.10 per person

Tues 24 May 1.30 - 4pm

Calderwood & Oakbank Midweek Walk

A spring wildlife walk through ancient woodland and reclaimed shale deposits. Rough tracks with some uphill. Bring a snack. Approx. 6.5kms (4 mls) / 2 ½-3hrs. Booking advised.

Suitable for adults & children over 12yrs.
Gasworks Brae, Mid Calder.
Cost: Adult £3.15 Child £2.10

Sun 29 May 11am - 12.30pm

Food for Free *Be Nice to Nettles Week!*

Always wondered which wild plants are good to eat? Come take a walk through Beecraigs and find out where some of these tasty wild foods can be found. Taste nettle tea and get some recipes to take home. Booking advised. Suitable for all.

Meet: Park Centre, Beecraigs Country Park
Cost: Adult £3.15 Child £2.10

Sun 29 May 2 - 4pm

Polkemmet Conservation

A chance to join the team as we do some path and drainage work on the Park. An enjoyable hands-on project giving satisfying results. Please wear some old clothes and boots or wellies. Tools and gloves will be provided. Booking advised. Suitable for adults and children aged over 12 years.

Meet: Park reception, Polkemmet Country Park
Cost: FREE

Fri 3 June

call for details

Beeccraigs Family Friendly Badger Watch



Join the Ranger Service to discover more about these intriguing animals. There will be a short presentation followed by an evening in the badger hide. Wear sturdy footwear and bring binoculars and a torch. No perfume or aftershaves. **BOOKING ESSENTIAL**, as numbers are limited. Suitable for families.

Meet: Sutherland Building, adjacent to Park Centre, Beeccraigs Country Park.

Cost: Adult £4.65 Child £2.60



Sun 5 June

2 - 3.30pm

Dechmont Law and Park



An interesting and enjoyable walk around mixed woodland, grassland and rock outcrops. Dechmont Law, Livingston's highest point, will give stunning views of the Pentlands and down the River Forth. UFO hotspot! Booking advised. Suitable for all.

Meet: Car park east of Deans High School, NT 033 693

Cost: Adult £3.15 Child £2.10

Sun 12 June

2 - 3.30pm

Creepy Crawlies Creatures



Searching for bugs and slugs in Kirknewton Community Woodland.

Booking advised. Suitable for families.

Meet: Kirknewton play park, Kirknewton.

Cost: £2.10 per person



Sun 19 June

2 - 3.30pm

Mini Beasties



Join the Ranger for a minibeast safari. Find out where our buggy relatives live and learn interesting facts and stories about them. Booking advised. Suitable for families.

Meet: Park reception, Polkemmet Country Park

Cost: £2.10 per person



Sat 25 June

11am - 12pm

Pond Dip



National Insect Week!

Come hunt for the underwater creatures of our pond and learn about their watery way of life. Wear old clothes and suitable footwear. Booking essential as numbers limited. Suitable for families.

Meet: Balvormie Car Park, Beeccraigs Country Park
Cost: £2.10 per person.

Sun 26 June

2 - 3.30pm

Livingston Village and Almondvale



This is a pleasant out-and-back walk along quiet wooded paths beside the River Almond in the centre of Livingston. Walk out to the new Council Civic Centre then back along the opposite side of the river. Booking advised. Suitable for all.

Meet: Livingston village tennis court car park, NT 039 668

Cost: Adult £3.15 Child £2.10

Tues 28 June

1.30 - 3pm

Uphall & Broxburn Community Woodlands



A walk through the community woodlands of Uphall and on to Broxburn. Enjoy the views and find out about Artlink's Kirkhill Pillar Project. Paths and tracks with some uphill and pavement. Booking advised. Approx. 5kms (3mls) / 1½ hrs. Suitable for adults & children over 12 years old.

Meet: Uphall Community Centre

Cost: Adult £3.15 Child £2.10

Fri 1 July

Call for details

Beecraigs Badger Watch



Join the Ranger Service to discover more about these intriguing animals. There will be a short presentation followed by an evening in the badger hide. Wear sturdy footwear & bring binoculars and torch. No perfume or aftershaves.

BOOKING ESSENTIAL as numbers are limited. Suitable for adults & children over 12 years old.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park
Cost: Adult £4.65 Child £2.60

Mon 4 – Fri 8 July

9am - 4.30pm

Ranger Environmental Activity Week



5 days of fun-packed outdoor activities for children. BOOKING ESSENTIAL. Phone for information.

Meet: Park reception, Polkemmet Country Park.
Cost: £75

Wed 13 July

1.30 - 2.30pm

Red Deer Walk



Guided walk around the Animal Attraction.

A chance to get up close to Britain's largest mammal and learn about their life cycle. BOOKING ESSENTIAL. Suitable for all.

Meet: Park Centre, Beecraigs Country Park
Cost: Adult £3.15 Child £2.10



Mon 18 – Fri 22 July

9am - 4.30pm

Ranger Environmental Activity Week



5 days of fun-packed outdoor activities for children. BOOKING ESSENTIAL. Phone for information.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park.
Cost: £75

Sun 24 July

2 - 3.30pm

Eliburn Park Walk



Love Parks Event

Eliburn, Livingston. Visit our newest District Park. Lovely walks, woods, reservoir and play area. Booking advised. Suitable for all.

Meet: Eliburn pavilion car park, Livingston. NT 030 680
Cost: FREE



Tues 26 July

10.30am - 2.30pm

Uphall to Binnie Craig Midweek Walk



A challenging walk rewarded with fantastic views over the Forth and Lothians. Rough paths and tracks with steep climb to summit. Bring a snack. Approx. 7kms (4½ mls) / 2½ - 3½hrs. Suitable for: Adults and children over 12yrs. Booking advised.

Meet: Community Centre Uphall
NT 065 705
Cost: Adults £3.70 Child £2.65

Wed 27 July

1 - 4pm

Survival Skills



Love Parks Event

Ever thought you could survive in the wilderness?

Try building a shelter, games of stealth and safe fire lighting. Wear old clothes and sturdy footwear.

BOOKING ESSENTIAL. Suitable for children aged 12-14.
Meet: Park Centre, Beecraigs Country Park
Cost: £4.20

Sun 31 July

2 - 3.30pm

Easter Inch Moss



Managed for people and wildlife alike, this old peat works has been reclaimed by nature, and boasts a wide variety of plant and animal life. Nice mix of open grassland, woods and pools. Booking advised. Suitable for all.

Meet: Meet at Ritchie's yard gate in Seafield, NT 004 663
Cost: Adults £3.15 Child £2.10

Mon 1 - Fri 5 August

9am - 4.30pm

Ranger Environmental Activity Week



5 days of fun-packed outdoor activities for children. BOOKING ESSENTIAL. Phone for information.

Meet: Visitor Centre, Almondell & Calderwood Country Park
Cost: £75

Fri 5 August

call for details

Family Friendly Badger Watch



Join The Ranger Service to discover more about these intriguing animals. There will be a short presentation followed by an evening in the badger hide. Wear sturdy footwear and bring binoculars and a torch. No perfume or aftershaves.

BOOKING ESSENTIAL as numbers are limited. Suitable for families

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park
Cost: Adult £4.65 Child £2.60

Wed 10 August

1.30 - 2.30pm

Red Deer Walk



Guided walk around the Animal Attraction. A chance to get up close to Britain's largest mammal and learn about their life cycle. BOOKING ESSENTIAL. Suitable for all.

Meet: Park Centre, Beecraigs Country Park
Cost: Adult £3.15 Child £2.10

Sun 14 August

call for details

Almondell Bat Walk



United Nations Year of the Bat 2011

Looking and listening for bats. Enjoy an evening with this elusive night-flyer. BOOKING ESSENTIAL. Suitable for all.

Meet: Visitor Centre, Almondell & Calderwood Country Park
Cost: Adult £3.15 Child £2.10



Fri 19 August

8 - 9.30pm

Creatures of the night



Join us for an evening stroll, where we hope to see nocturnal creatures like bats, badgers and foxes. Bring a torch and wrap up warm.

BOOKING ESSENTIAL. Suitable for: All
Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park
Cost: Adult £3.15 Child £2.10



Sun 21 August

2 - 3.30pm

Pond Life



Polkemmet's pond has been cleared and deepened. Join the Ranger as we talk about the importance of ponds, have a close look at some of the plants, bugs and beasts that live in and around the water. Booking advised. Suitable for: Families

Meet: Park reception, Polkemmet Country Park
Cost: £2.10 per person

Tues 23 August

1.30 - 4pm

East Calder & Oakbank Midweek Walk



A mixed walk through village and countryside to the top of Oakbank Bing. Pavement, tracks with some uphill. Approx. 5.8kms (3½ mls) / 2-2½ hrs. Bring a snack. Booking advised. Suitable for adults and children over 12 years old.

Meet: South Car Park, East Calder
Cost: Adult 3.70 Child £2.65

Fri 26 August

7.30 - 9pm

Beecraigs Bat Walk



European Bat Weekend

Join the Rangers for an evening of discovery. Listen out for bats using a bat detector and hopefully we will see one up close. Bring a torch and wrap up warm. BOOKING ESSENTIAL. Suitable for all.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park
Cost: Adult £3.15 Child £2.10

september

Fri 2 September

Call for details

Beecraigs Badger Watch

Join the Ranger Service to discover more about these intriguing animals. There will be a short presentation followed by an evening in the badger hide. Wear sturdy footwear and bring binoculars and torch. No perfume or aftershaves. **BOOKING ESSENTIAL** as numbers are limited. Suitable for adults and children over 12 years old.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park.

Cost: Adult £4.65 Child £2.60

Sun 4 September

10am - 12pm

Polkemmet Conservation Task

A chance to join the team as we set about pruning some of the trees and shrubs in the Park. An enjoyable hands-on project giving satisfying results. Please wear some old clothes and boots or wellies. Tools and gloves will be provided. Booking advised. Suitable for adults and children aged over 12 years.

Meet: Park reception, Polkemmet Country Park

Cost: FREE

Sun 4 September

1.30 - 3pm

Food for Free

With autumn showing its face lets make the most of nature's harvest! Come take a walk through Beecraigs and find out where tasty wild foods can be found. Booking advised. Suitable for all.

Meet: Park Centre, Beecraigs Country Park

Cost: Adult £3.15 Child £2.10



Fri 9 September

8 - 9.30pm

Creatures of the Night

Join us for an evening stroll, where we hope to see nocturnal creatures like bats, badgers and foxes. Bring a torch and wrap up warm. **BOOKING ESSENTIAL**. Suitable for all.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park

Cost: Adult £3.15 Child £2.10

Sun 11 September

2 - 3.30pm

Polkemmet Explorer (east side)

An ideal way to learn about the Park. Join a Ranger on a guided tour of the East side of the Park. Looking at history, wildlife, recreation and conservation. Points of interest include the River Almond, site of old house, pond, horn sculpture and mausoleum. Mostly paths. Booking advised. Suitable for all.

Meet: Park reception, Polkemmet Country Park.

Cost: FREE

Tues 20 September

1.30 - 3pm

Mid Calder Village Walking Week Event!

A walk from the centre of Mid Calder, along the fringes of Calderwood to Lizzie Brice woodlands, then returning by village path, past the Auld Kirk. Approx. 4.5kms (2¾ mls) / 1-1½ hrs. Booking advised. Suitable for all.

Meet: Lodge Car Park, Bank St, Mid Calder
Cost: FREE

West Lothian
on the move 

Wed 21 September

10 - 12pm

Beeccraigs Walk



Walking Week Event!

Join the Ranger for a walk and find out about the wildlife and history of Beeccraigs Country Park. Mixture of surfaced and unsurfaced paths, may be muddy in places. Booking advised.

Approx. 4.5kms (2¾mils) / 1-1½hrs

Suitable for all.



Meet: Park Centre, Beeccraigs Country Park

Cost: FREE

Sat 24 September

11am - 12.30pm

Food for Free



With autumn underway, let's make the most of nature's harvest! Come take a walk through Beeccraigs and find out where tasty wild foods can be found. Booking advised.

Suitable for all.

Meet: Park Centre, Beeccraigs Country Park.

Cost: Adult £3.10 Child £2.10

Sat 24 September

1.30 - 3.30pm

Powie's Path



Walking Week Event!

Enjoy fantastic views over to the Pentlands from this walk, covering a section of 'Powie's path', an ancient right-of-way from Mid Calder to Pumpherstoun. Paths and tracks with set of steep steps leading to viaduct. Bring a snack. Booking advised. Approx 5.5kms (3½ mls) / 1½-2hrs. Suitable for adults and children over 12 yrs.

Meet: Visitor Centre, Almondell & Calderwood Country Park.

Cost: FREE



Sun 25 September

2pm

Easter Breich Walk



Walking Week Event!

This popular walk follows the River Almond and Almond pools out through farmland and new plantation. The walk is for the pure pleasure of being outdoors and being active. Suitable for adults and children over 12 yrs.

Meet: Car park just off

Fraser Road Kirkton Campus

NGR NT 026 666

Cost: FREE



Tuesday 27 September 1.30 - 4pm

Linhouse Loop Walk



Explore Linhouse from Mid Calder. Woodlands, wildlife and peace and quiet! Approx. 6kms (3¾ mls) / 2-2½ hrs. Booking advised. Suitable for adults and children over 12 yrs.

Meet: Lizzie Brice woodland by Petrol station.

Cost: Adults £3.70 Child £2.65

Sun 25 September

1.30 - 3pm

Fungus Foraging



Foraging for fungus in Calderwood. Rough tracks with steep uphill section. Booking advised. Suitable for all.

Meet: Gasworks Brae, Mid-Calder.

Cost: Adult £3.15 Child £2.10



October

Sat 8 October

1.30 - 3pm

Build a Bird Box



Come along and build yourself a bird box to take home and put up in your garden. Booking advised. Suitable for all.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park
Cost: £4.50 per bird box



Sun 9 October

1.30 - 3pm

Fabulous Fungus Fun



Come forage for the fascinating fungi that can be found in Beecraigs Country Park. Booking advised. Suitable for all.

Meet: Park Centre, Beecraigs Country Park
Cost: Adult £3.15 Child £2.10

Sat 15 October

1.30 - 3pm

Feed the Birds



Let's help out our feathered friends by making some bird feeders to take home to put up in your garden. Booking advised. Suitable for all.

Meet: Park Centre, Beecraigs Country Park
Cost: Adult £3.15 Child £2.10



Wed 19 October

1.30 - 2.30pm

Red Deer Walk



Guided walk around the Animal Attraction. A chance to get up close to Britain's largest mammal and learn about their life cycle. This time of year is known as the 'rut' and is when male deer (stags) compete for females. Loud bellows and dominant posturing is often heard and seen at this time of year. **BOOKING ESSENTIAL.** Suitable for all.

Meet: Park Centre, Beecraigs Country Park
Cost: Adult £3.15 Child £2.10

Sat 29 October

1.30 - 3pm

Lantern Making



Let's get crafty and make paper lanterns. All materials will be provided. Take it home and use it at Halloween! Booking advised. Suitable for families.

Meet: Sutherland Building, adjacent to Park Centre, Beecraigs Country Park
Cost: £4 per person

november

Sat 4 November

2 - 3pm

Plant a Tree



It's tree planting time again at Polkemmet Country Park so come along and plant as many as you can and help keep your beautiful Park wooded for future generations. Bring wellies and we'll supply trees, spades and a friendly smile.

Booking advised.
Suitable for all.

**Meet: Park reception,
Polkemmet Country Park,
Cost: FREE**



Sat 12 November

Call for details

Tree Planting



Almondell & Calderwood Country Park tree planting event so come along and join the Ranger as we give a helping hand to nature. Trees and tools provided. Bring your wellies. Booking advised. Suitable for all.

**Meet: Visitor Centre, Almondell & Calderwood
Country Park.
Cost: FREE**

december

Sun 11 December

1.30 - 3pm

Christmas Crafts



Come and try your hand at making Christmas stars or table decorations using natural materials. Materials will be provided. Suitable for all.

**Meet: Sutherland Building, adjacent to Park
Centre, Beecraigs Country Park
Cost: £4**

Sun 18 December

2 - 3.30pm

Crafty Christmas



Christmas crafts with natural materials. Booking advised. Suitable for all.

**Meet: Almondell Visitor Centre, Almondell &
Calderwood Country Park
Cost: £4**

Sat 17 December

11am and 2pm

Sun 18 December

11am and 2pm

Beecraigs Christmas Red Deer Walk



Accompany the Ranger as we feed the deer their magic food and make sure everything is OK for the work ahead. Wear warm clothes and sturdy footwear / wellington boots. **BOOKING ESSENTIAL** as places book out very quickly. Suitable for families.

**Meet: Park Centre, Beecraigs Country Park
Cost: Adult £4.65 Child £2.60**





Nuts about Nature?

Aged between 8 and 12 years, interested in nature and wildlife, and enjoy having fun out-of-doors? Then you may want to join the “**Look Group**” at Almondell & Calderwood Country Park, the “**Young Explorers**” based at Polkemmet Country Park or the “**Ecomaniacs**” at Beecraigs Country Park.

If you're really nuts about nature you may want to try out all 3 groups!

These groups run through out the year and offer a mixture of fun, conservation and natural arts and a chance to mix with other like minded kids.

The groups meet on Saturdays for an hour and a half and cost **£2.10 per session.**

To find out what's on look at **www.beeccraigs.com** or contact the Rangers at their base (you will find our contact details at the front of this brochure).



Ecomaniacs

meet at 2pm on:

Sunday 17 APR
Sunday 15 MAY
Sunday 26 JUN
Sunday 24 JULY
Sunday 21 AUG
Sunday 18 SEP
Sunday 16 OCT
Sunday 27 NOV



Look Group

meet at 10.30am on:

Saturday 26 FEB
Saturday 26 MAR
Saturday 23 APR
Saturday 28 MAY
Saturday 25 JUN
Saturday 30 JUL
Saturday 27 AUG
Saturday 24 SEP
Saturday 29 OCT
Saturday 26 NOV
Saturday 17 DEC

Junior Rangers

meet at 2pm on:

Saturday 9 APR
Saturday 7 MAY
Saturday 11 JUN
Saturday 9 JUL
Saturday 6 AUG
Saturday 10 SEP



NEW!

Ranger Service

Environmental Activity Weeks



Want to get out and about this holiday?

Bored being stuck indoors?

Have you got a passion for nature and all things wild?

Then join the Ranger for 5 days of action-packed fun-filled activities!
Explore the forest, learn some bush crafts and get crafty with nature.

Beecraigs:

11 - 15 April

18 - 22 July

Polkemmet:

4 - 8 July

Almondell &

Calderwood:

1 - 5 August

9am – 4.30pm

**Bring warm clothes and waterproofs,
sturdy boots or wellies and a packed lunch.**

PRICE / £75.00 for 5 day session

AGE GROUP / All Primary aged children

Activities will be weather dependent, and we may have to offer something different at short notice.

Payment is for 5 full days - Sorry no part days available.



Planned activities may include:



WOODLAND WORKOUT
SHELTER BUILDING
ENVIRONMENTAL GAMES
BUGS & BEASTIES
ART / CRAFTS
PIONEERING
HOMES & HABITATS
TRACKS & TRAILS
PHOTOGRAPHY
EXPLORING
COOK-OUT
POND LIFE
FREE PLAY
TIME CAPSULE
TREASURE TRAIL
TREE ID



BOOKING ESSENTIAL. Contact the Park Centre.



Beeccraigs Country Park

01506 844516

mail@beecraigs.com

Polkemmet Country Park

01501 743905

polkemmet@westlothian.gov.uk

Almondell & Calderwood Country Park

01506 882254

almondell&calderwood@westlothian.gov.uk



West Lothian's Ranger Service are looking for 'Friends'



Ever wanted to be more involved in West Lothian's beautiful Country Parks?

The Ranger Service has "Friends" groups for each of our Parks. We are looking for people who are passionate about the environment and green spaces and want to get involved in conservation volunteering, fund raising, improving our Park for visitors or who want to support the work being done by Countryside Section.

If you or your community group would like to be involved please contact:

Almondell & Calderwood Ranger base

Tel: 01506 882254

email: almondell&calderwood@westlothian.gov.uk

Beebraigs Ranger base

Tel: 01506 844516

email: mail@beebraigs.com

Polkemmet Ranger base

Tel: 01501 743905

email: polkemmet@westlothian.gov.uk